

NEW G.M.T. SEN. SEC. PUBLIC SCHOOL Haibowal Kalan, Ludhiana



G. M. T. Public school

PREFACE

Dear Parents and Students,

Summer vacation is around the corner, bringing with itself a much needed respite from hectic school days. We hope that you will thoroughly enjoy the vacations and make the most of this summer. While it is indeed important that you relax and refresh yourselves, it is also important that you exercise your minds.

Keeping this in mind, we have designed various exciting activities to keep the students engaged and active during the summer vacation. These fun projects/ assignments would enhance learning skills, help understand concepts better, and make for a great crash course aimed at improving academic output.

These activities will not only help you to revise what was taught, but will also enrich your knowledge. These projects will be assessed as Subject Enrichment Activity, Portfolio or Art Integrated activity.

We encourage parents to motivate and support the students to ensure the given work is completed in time, to the best of their ability. Your support and encouragement both have a huge impact on your child's learning ability.

Wishing you a fun filled, safe summer vacation.

Summer Tips to be followed

- ➤ "A healthy mind resides in a healthy body"- Pay attention to your health, go for morning and evening walks, drink lots of water, avoid the consumption of junk food, eat healthy and stay healthy.
- ➤ Open your mind for reading newspapers, novels, blogs and stories that will help you in increasing your vocabulary.
- ➤ Indulge yourself into activities like cooking, singing, dancing, aerobics, cycling, trekking, swimming, art and craft, river rafting and gardening. And share your experience with your family and friends.
- > Spend quality time with your grandparents and parents, talk to them regarding their experience of school.

General Guidelines for the projects:

Following essentials are required to be fulfilled for its preparation and submission.

- 1. The total length of the project will be of 25 to 30 pages.
- 2. The project should be handwritten.
- 3. The project should be presented in a neat folder.
- 4. The project report should be developed in the following sequence
- Cover page should include the Title of the Project, Student information, School and Year.
- List of contents.
- Acknowledgements and preface (acknowledging the institute persons who have helped).
- Introduction.
- Topic with suitable heading.
- Planning and activities done during the project, if any.
- Observations and findings of the visit.
- Conclusions (summarized suggestions or findings, future s
- Photographs (if any).
- Appendix
- Teacher's observation.



English

Watch the following movies according to roll numbers and Make a project file writing the movie reviews as according to the movies allotted:

Roll no. 1-10 English movie (The social network)

Roll no. 11-20 English movie (Freedom writers)

Roll no. 21-30 English movie (Theory of everything)

Roll no. 30 onwards English movie (The great debaters)

<u>ਪੰਜਾਬੀ</u>

ਕਲਾ ਏਕੀਕ੍ਰਿਤ ਪ੍ਰੋਜੈਕਟ

ਨੋਟ: ਵਿਦਿਆਰਥੀ ਪ੍ਰੋਜੈਕਟ ਫਾਈਲ A4 ਸਾਈਜ਼ ਦੀਆਂ ਸ਼ੀਟਾਂ ਉੱਪਰ ਤਿਆਰ ਕਰਨਗੇ। ਵਿਸ਼ਿਆਂ ਦੀ ਵੰਡ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਰੋਲ ਨੰਬਰਾਂ ਦੇ ਅਨੁਸਾਰ ਕੀਤੀ ਜਾਵੇਗੀ

ਵਿਸ਼ਾ:

- ਸੁਹਾਗ(1 ਤੋਂ 10 ਰੋਲ ਨੰਬਰ)
- ਘੋੜੀਆਂ (11 ਤੋਂ 20 ਰੋਲ ਨੰਬਰ)
- ਬੁਝਾਰਤਾਂ (21 ਤੋਂ 30 ਰੋਲ ਨੰਬਰ) (Take care of these points while making the assignment)

ਫਾਈਲ ਦੇ ਆਰੰਭ ਵਿੱਚ ਵਿਦਿਆਰਥੀ ਲਿਖੀ ਹੋਈ ਜਾਣਕਾਰੀ ਦੇਣਗੇ।

- ਨਾਂ....ਜਮਾਤ..... ਸਕੂਲ ਦਾ ਨਾਂ
- ਸੂਚੀ ਪੱਤਰ (index)
- ਅੰਤ ਵਿੱਚ ਧੰਨਵਾਦ ਕਰਦਿਆਂ ,ਜਿਨਾਂ ਸ੍ਰੋਤਾਂ ਦੀ ਸਹਾਇਤਾ ਦੇ ਨਾਲ ਪ੍ਰੋਜੈਕਟ ਤਿਆਰ ਕੀਤਾ ਗਿਆ ਹੈ ,ਉਹਨਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੱਤੀ ਜਾਵੇਗੀ।
- ਫਾਇਲ ਨੂੰ ਰੰਗੀਨ ਕਵਰ ਨਾਲ ਸਜਾਇਆ ਜਾਵੇ।

- 2. ਵਿਦਿਆਰਥੀਆਂ ਦੁਆਰਾ ਹੇਠ ਦਿੱਤੇ ਵਿਸ਼ਿਆਂ ਉੱਪਰ ਚਾਰਟ ਬਣਾਉਣਾ ਜ਼ਰੂਰੀ ਹੈ। ਵਿਸ਼ਿਆਂ ਦੀ ਵੰਡ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਰੋਲ ਨੰਬਰਾਂ ਦੇ ਅਨੁਸਾਰ ਕੀਤੀ ਜਾਵੇਗੀ।
- Motivational: ਪ੍ਰੇਰਨਾਦਾਇਕ (1 ਤੋਂ 18 ਰੋਲ ਨੰਬਰ)
- Quotational:: ਹਵਾਲੇ ਸਬੰਧੀ (19 ਤੋਂ 30 ਰੋਲ ਨੰਬਰ)
- 3. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਦੁਆਰਾ ਪੰਜਾਬੀ ਦੇ ਵਿੱਚ ਵਿਆਹ ਦਾ ਸੱਦਾ ਪੱਤਰ ਤਿਆਰ ਕੀਤਾ ਜਾਵੇ। ਜਿਸ ਉੱਪਰ ਲਾੜੇ ਅਤੇ ਲਾੜੀ ਦੇ ਨਾਂ ਨੂੰ ਖਾਲੀ ਛੱਡਿਆ ਜਾਵੇ ਅਤੇ ਉਸ ਨੂੰ ਵੱਖ ਵੱਖ ਸੁਨਹਿਰੀ ਰੰਗਾਂ ਦੇ ਨਾਲ ਸਜਾਇਆ ਜਾਵੇ।
- 4. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਦੁਆਰਾ ਘੋੜੀਆਂ ਗਾਉਂਦੇ ਹੋਏ ਜਾਂ ਬੋਲੀਆਂ ਪਾਉਂਦੇ ਹੋਏ , ਜਾਂ ਡਾਂਸ ਕਰਦੇ ਹੋਏ ਆਪਣੀ ਰੀਲ ਬਣਾ ਕੇ ਸਕੂਲ ਦੇ ਗਰੁੱਪ ਵਿੱਚ ਭੇਜੀ ਜਾਵੇ।

History

GENERAL GUIDELINES:

- The project is to be done on inter-leaf sheets.
- The total length of the project will be 20-25 pages.
- The projects must be neat and well-presented and must be completely hand-written.
- No whiteners to be used or written matter to be crossed out. In case of any mistakes, redo the sheet.
- Do not number sheets or write dates unless so instructed...
- Colour illustrations, maps, charts may be hand drawn or printed (if it is relevant for any aspect of your project) are welcome to make them look attractive.

Steps involved in the conduct of the project:

Students may work upon the following lines as a suggested flow chart:

- Choose a Title/Topic Need of the Study,
- Objective of the Study
- Hypothesis Content-Timeline, Maps, Mind maps, Pictures, etc.
- (Organization of Material/Data Present Material/Data)
- Analysing the Material/Data for Conclusion
- Draw the Relevant Conclusion
- Bibliography

Project work:

- 1. Ancient History in depth: Mesopotamia (Roll No. 1 to 12)
- 2. Contribution of Roman civilization (Roll No. 13 to 24)
- 3. History of Aborigines: America, Australia (Roll No. 25 to 36)
- 4. Facets of modernisation: China, Japan (Roll No. 37 to 48)

Sociology

Project Work

- 1. The project work will be of 20 marks. Out of 20 marks 10 marks will be of viva and 10 marks will be of project work.
- 2. Each student has to adopt the topic mentioned below as per their roll no and prepare the project for the same :
- i. Social Change and Social Order in Rural and Urban Society

- ii. Understanding Social Institutions
- iii. Culture and Socialisation
- iv. Sociology and Society
- v. Introducing Western Sociologists
- vi. Indian Sociologists

Guidelines for Sociology Project Work: 20 Marks

One Project to be done throughout the session, as per the existing scheme.

Steps involved in the conduct of the project:

- Choose a Title/Topic
- Objective of the Study
- Hypothesis
- Content -Timeline, Mind maps, Pictures, etc.
- Organization of Material/Data / Present Material/Data)
- Analyzing the Material/Data for Conclusion
- Draw the Relevant Conclusion
- Bibliography

Expected Checklist for the Project Work:

- i. Introduction of topic/title
- ii. Identifying the causes, events, consequences and/or remedies
- iii. Identify various associated dimensions and effect of the identified situation or issue on each of them.
- iv. Advantages and disadvantages of situations or issues identified
- v. Short-term and long-term implications of strategies suggested in the course of research
- vi. Validity, reliability, appropriateness and relevance of data used for research work and for presentation in the project file
- vii. Presentation and writing that is succinct and coherent in project file Citation of the materials referred to, in the file in footnotes, resources section, bibliography etc.

Political Science

Project Work

General instructions for Project work

- The Project is to be done on loose sheets
- The total length of the project will be 15 20 pages.
- The Projects must be neat and well-presented and must be completely hand-written.
- No whiteners to be used or written matter to be crossed out.
- Colour, Maps, charts may be hand drawn or printed (if it is relevant for any aspect of your project) are welcome to make them look attractive Steps involved in the conduct of the project:

Students may work upon the following lines as a suggested flow chart:

- Choose a Title/Topic Need of the Study,
- Objective of the Study
- Hypothesis Content-Timeline, Maps, Mind maps, Pictures, etc.

- (Organization of Material/Data Present Material/Data)
- Analysing the Material/Data for Conclusion
- Draw the Relevant Conclusion
- Bibliography

Prepare a project file on the following topics.

- 1. Political theory
 - (Roll No 1-8)
- 2. Negative and positive Liberty (Roll No 9-16)
- 3. Nation and Nationalism

(Roll No 17-24)

4. Why do we need Independence judiciary

(Roll No 25-32)

5. Election and democracy

(Roll No 33-40)

6. Global citizenship

(Roll No 41 onwards)

Every student has to prepare only one project from the projects given above.

Economics

Make a project file as according to the topics allotted:

Topics.	(Roll.no)
Effect on PPC due to various government policies.	(1,6,11,16,21)
Opportunity Cost as an Economic Tool	(2,7,12,17,22)
(taking real life situations)	
Bumper Production- Boon or Bane for the Farmer.	(3,8,13,18,23)
Theory of Demand.	(4,9,14,19,24)
Theory of supply.	(5,10,15,20,25)

Chart making:

Make a chart describing the formulas of calculating Arithmetic mean and Median in different series. **Roll no-** (1,2,3,4,5)

Expected Checklist:

- Introduction of topic/title
- Identifying the causes, consequences and/or remedies.
- Various stakeholders and effect on each of them
- Advantages and disadvantages of situations or issues identified
- Short-term and long-term implications of economic strategies suggested in the course of research
- Validity, reliability, appropriateness and relevance of data used for research work and for presentation in the project file
- Presentation and writing that is succinct and coherent in project file
- Citation of the materials referred to, in the file in footnotes, resources section, bibliography etc.

Physical Education

Project files works: Make one project for any game of your choice.

1. Athletics

2. Archery

3. Badminton

4. Kho – Kho

5. Chess

6. Volleyball

7. Basketball

8. Judo

9. Taekwondo

10. Skating.

Unit -1

You choice any one game and write the game.

- History of the games
- Latest Rules
- Fundamental Skills
- Specification of play field and related sports equipment
- Related sports terminology

Unit - 2

- Importance tournament and venues
- Sports personalities
- Sports Awards
- Proper Sports Gear and its Importance
- Common sports injuries and its prevention
- Specific Exercise of Warm up and Conditioning

Music

Topic:-

- 1. Description of following Raags:- Raag Bihag, Raag Bhim Plasi, Raag Bhairavi, Chhota Khayal Bandish with notation and Tanas.
- 2. Anyone Bada Khayal and one Dhamar
- 3. Description of Raag Jaunpuri
- 4. One devotional song.
- 5. Description Of following Talas:-Teental, Ek Taal, Chautal - Igun, Dugun and Chaugun
- 6. Model of any one Instrument:-
 - Tanpura, Harmonium, Sitar, Tabla, Guitar, Dholak, Damru and Veena

